

26/09/2016

Chennai

To

Dr. Reena Valecha

Occupational therapist & Ergonomist

Godrej & Boyce Mfg. Co. Limited – Mumbai.

Dear Doctor,

Sub: Reg. feedback on wellness at workplace training program at MIOT.

Wellness at workplace program is a very good initiative by Godrej, which will really help all employees at their work places. Thanks for conducting this at MIOT, It has enlightened our staff who attended & participated your training on 12/08/2016.

Each person carried out versatile activities during their work and the exercise session has made them to handle the job conveniently. The regular ergo- exercises taught was also in detail which is easily understandable to carryout individually.

Thank you once again for your mail regarding the pictorial postures presentations of exercises shared to us.

I wish you and your team a great success in educating and bringing this awareness through this “Wellness at workplace” training program.

Yours truly



A.J. Sujai preeth

Biomedical Manager