

LUPIN RESEARCH PARK  
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To,

Dr. Reena Valtecha,  
Occupational therapist & Ergonomist  
Workplace & Ergonomics Research Cell  
Godrej Interio, Plant 13 Annex Vikroli E

Dear Doctor,

Greeting!

On behalf of team Lupin, I offer our most sincere appreciation and gratitude, for conducting a workshop 'Wellness @ work ' for our employee at Lupin limited Pune. It was great to have you as a facilitator for the program

Why ergonomics important in today's Workplace?  
Ergonomics safety instructions  
Chair yoga and basic nutrition tips.

We had approximately 70 staff who participated for the session and the session was useful and provided good insights about the working habits and lifestyle changes to the participants

Your contribution is very significant and will help us our employee to achieve wellness at work.

Thank you

Regards,

EHS Department  
Lupin Limited  
Pune 412115